

## **Health Sciences: Pre-Occupational Therapy**

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The Department of Occupational Therapy offers a Bachelor of Science (B.S) degree in Health Sciences which is a pre-professional degree designed to prepare students to enter the Masters of Occupational Therapy (M.O.T.) program at Chicago State University. The combined B.S./M.O.T. curriculum allows students to begin professional study in occupational therapy as an undergraduate student and supports the transition to a post-baccalaureate degree in occupational therapy.

Occupational Therapy is the art and science of directing an individual's participation in everyday activities to restore, reinforce and enhance performance, facilitate learning of skills and functions essential for adaptation and productivity, diminish or correct pathology, and promote and maintain health. Its fundamental concern is the capacity, throughout the life span, to perform with satisfaction to self and others those tasks and roles essential to productive living and to the mastery of self and the environment. The occupational therapy program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 4720 Montgomery Lane, P.O. Box 31220, Bethesda, MD 20824-1220. ACOTE's telephone number is 301-652-2682 and the website is [www.aota.org](http://www.aota.org). As of January 2007, occupational therapy educational programs are only accredited at the post-baccalaureate degree level. Graduates of the B.S./M.O.T. program will be eligible to sit for the national certification examination for occupational therapists administered by the National Board for Certification in Occupational Therapy (NBCOT). After successful completion of this exam, the individual will be an Occupational Therapist, Registered (OTR®) and will be eligible to apply for licensure to practice in Illinois and many other states that require licensure. A felony conviction may affect a graduate's ability to sit for the NBCOT examination or attain a state license. A process for early determination of eligibility is available from NBCOT (12 South Summit Avenue Suite 100, Gaithersburg, MD 20877-4150, Telephone 301-990-7979 website [www.nbcot.org](http://www.nbcot.org)).

## **Mission Statement**

The mission of the Department of Occupational Therapy is to provide education designed to prepare competent and effective occupational therapists skilled at meeting the demands of diverse environments and rapidly changing service delivery systems. The program seeks to develop therapists who possess foundation skills in the principles of the occupational therapy profession and the ability to integrate knowledge into practice while using the critical thinking and reflective abilities necessary to address the multiple roles of practitioner, consultant, educator, manager, researcher and advocate within diverse service delivery systems. The Department of Occupational Therapy mission is consistent with the University's and the College of Health Science's mission statements and upholds the commitment to the recruitment and education of candidates from those sections of the community under represented in the practice of occupational therapy. The program's purpose is to develop graduates that are compassionate and dedicated to implementing contextually relevant occupation based services that promote and enhance the health, participation and quality of life for individuals and populations.

# Admission Requirements

## Admission to the University

- a. Meet the general admission requirements of the university.
- b. Declare health sciences: pre- occupational therapy as a major.

## Admission to the Professional Phase of the Program

Admission to the professional program is on a competitive basis and is based on completion of the following requirements and acceptance by the admissions committee:

- Successful completion of the required university placement examinations and courses in English, mathematics, and reading.
- Completion of all prerequisite coursework with a grade of C or higher before beginning professional coursework. Prerequisite courses required for admission may be repeated only once when the original grade is D or F. The anatomy and physiology courses must be taken within five years of admission to the professional program.
- A minimum cumulative G.P.A. of 3.0 on a 4.0 scale. A limited number of students with a G.P.A. of 2.9 to 2.99 may qualify for conditional admission. Conditional admission status is removed when a student achieves a cumulative G.P.A. of 3.0 or better. The grade point average for the 9 required pre-requisites (anthropology or sociology, statistics, developmental psychology, abnormal psychology, introduction to computer science, human anatomy, human physiology, cadaver lab and introduction to occupational therapy) for all undergraduate and graduate students must be above 2.75 for consideration.

Completion of an admission packet. This packet must include:

- Submission of a completed Occupational Therapy Department application and a current detailed degree evaluation (CAPP). All applicants are strongly encouraged to review admission eligibility with an advisor before applying.
- Proof of over 40 hours of work experience or community service that demonstrates human service skills. Experience is to be described on the prescribed form and signed by an appropriate supervising individual. This experience is not limited to the field of occupational therapy.
- Two recommendations on the prescribed form. One of the recommendations must be from an upper division teacher. The other recommendation may be from another upper division teacher or an employer or community service supervisor. Relatives cannot submit recommendations.
- A typed essay of approximately 1000 words on the applicant's reasons for pursuing a career in occupational therapy **and** how the applicant's human service experience has enhanced or developed their interpersonal skills.
- Interview with the members of the Occupational Therapy admission committee.

Applicants who are not accepted into the program may be invited for an interview with the chairperson to discuss options to strengthen their re-application. Students are enrolled into the professional program full time only once a year in the fall semester. Class size is limited and admission is competitive. Full time and part time options for study are available. Dependent on the number of qualified applicants a waiting list may be created. Applicants placed on the waiting list will be notified of their status and of their rank on this list. If slots become available, applicants on the waiting list will be offered admission in rank order. Applications are accepted and reviewed throughout the year, and students can receive an early acceptance.

The deadline for submission of application materials is March 1st each year and October 15<sup>th</sup> for part-time. The department application and all supporting documents are submitted directly to the Department of Occupational Therapy in Douglas Hall Room 132. The application deadline will be extended to May 15<sup>th</sup> each year only if admission slots are available. Graduates of the B.S. in Health Sciences (pre-occupational therapy) program who meet the entrance requirements for the Masters of Occupational Therapy will be given preference in admission to this program. Students with a B.S. in Health Sciences (pre-occupational therapy) from CSU are eligible for advanced standing in the M.O.T. program. Advance standing students may be given up to 27 hours of credit for foundational occupational therapy courses.

In all professional courses, students must earn a grade of C or better. Students can only have 2 grades of "C" within the professional program. Students must meet the GPA requirement of 3.0 or better for the last 60 hours of credit for admission into the graduate program in order to receive advanced standing.

Students with advanced standing will need to complete 55 credit hours of graduate occupational therapy courses in order to complete the Master of Occupational Therapy program. Details on the M.O.T. program are found in the graduate catalog and occupational therapy student manual. No transfer credit will be given for professional coursework in the M.O.T. curriculum. No academic credit is given for work or life experiences in occupational therapy.

## General Requirements

Completion of 120-121 semester hours of coursework: 6 hours in composition; 3 hours in mathematics; 16-17 hours in natural and physical sciences; 6 hours in foreign language; 9 hours of humanities; 12 hours of social sciences; 3 hours in computer science; 6 hours in diversity and critical thinking; 3 hours in statistics; 15 hours in health sciences; 30 hours occupational therapy and 12 hours of electives approved by an advisor. Ninety three (93) credits must be completed prior to entering the professional sequence.

## Specific Requirements

### **Composition (6 credit hours)**

ENG 1270/ 127, 1280/ 128

### **Mathematics (3 credit hours)**

MATH 1200/ 162 or any college level math

### **Critical Thinking (3 credit hours)**

PHIL 1030/ 221, or PHIL 1020/204 or PH S 1080/108 or Econ 1000/100 or POL 1000/100

### **Diversity (3 credit hours)**

SOC 1250/125 or GEO 1100/110 or Anthropology 1010 recommended

### **Natural Sciences/Physical Sciences (16-17 credit hours)**

BIOL 1080/ 108; ZOOL 2050/ 250 2610/ 261; PSYL 2040/ 204; PH S 1000/ 100 or PH S 1100/ 110 or CHEM 1550/ 155

## **Social Sciences (12 credit hours)**

ANTH 1010/ 101 or SOC 1010/ 101; PSYC 1100/ 141, PSYC 2000/ 217 or 2040/ 204, PSYC 4155/ 336

## **Statistics (3 hours)**

H SC 3329/329 or PSYC 4190/ 357 or MATH 1600/210;

## **Humanities (9 credit hours)**

CMAT 2030/203 and 6 additional credit hours; 3 hours must be in a fine arts

## **Foreign language (6 credit hours in a single language);**

## **Computer Science (3 credit hours)**

CPTR 1060/ 106

## **Health Sciences (15 credit hours)**

H SC 1104/ 104, 1150/ 150, 2250/ 250, 2375/ 375, HSC 3321/ 321;

Note: H SC3321/ 321 and HSC 1150/150 are required interdisciplinary courses for all College of Health Sciences majors

## **Occupational Therapy (30 credit hours)**

OT 2010/ 201, 4100/ 302, 4110/ 305, 4140/ 345, 4141/ 346, 4150/ 358, 4151/ 359, 4160/ 363, 4161/ 364

Electives Twelve hours electives with approval of department academic advisor. Courses that promote communication, critical thinking, health sciences and cross-cultural psychology are highly recommended.

A student who has completed the A.A. or A.S. degree from a community college in Illinois or a student who has completed the general education core curriculum as part of the Illinois Articulation Initiative will be deemed to have completed all university general education requirements. Student however still must obtain 120 hours of credit for graduation.

## **Health Sciences Majors : Pre -Occupational Therapy Curriculum Pattern**

### **Freshman Year**

<b>Fall Semester</b>		<b>Spring Semester</b>	
ENG 1270	3	ENG 1280	3
MATH 1200	3	Critical Thinking	3
ANTH 1010 or SOC. 1010	3	PSYC 1100	3
PH S 1000 or 1010 or CHEM 1550	3	CMAT 2030	3

	CPTR 1060	3
<b>12</b>		<b>15</b>

**Summer**

HUMANITIES	3
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**Sophomore Year**

<b>Fall Semester</b>		<b>Spring Semester</b>	
BIOL 1080	3	ZOOL 2050	4
Foreign Lang.	3	Foreign Lang.	3
H SC 1104	3	H SC 3321	3
H SC 1150	3	OT 2010	3
SOC 1250/125 or GEO 1100/110	3	HUMANITIES	3
	<b>15</b>		<b>15</b>

**Summer**

Elective	3
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**Junior Year**

<b>Fall Semester</b>		<b>Spring Semester</b>	
ZOOL 2610	2	PSLY 2040	4
H SC 2250	3	H SC 2375	3
PSYC 2000 or 2040	3	PSYC 4155	3
1600	3	PSYC 4190 or MATH ELECTIVE	3
ELECTIVE	3	ELECTIVE	3
	<b>14</b>		<b>16</b>

## Senior Year/Professional Phase

### Other Pertinent Information

All students admitted to the professional program must assume responsibility for expenses in connection with the academic program, including:

- A current CSU medical and dental form completed with immunization and TB test/X-ray by June 15<sup>th</sup> each year.
- Malpractice liability insurance each year
- Proof of health insurance
- Required texts, test instruments and supplies including course packages
- Yearly subscription to the American Journal of Occupational Therapy (AJOT)
- Transportation to fieldwork experiences and field trips

- Name tag
- State occupational therapy conference fees
- Maintaining a current CPR certification
- Laboratory fee when required
- Criminal background check fee

Students in the professional curriculum are required to maintain a 3.0 (B) average each semester and receive a passing grade in all Level I fieldwork. Please refer to the progression policies for details.

## **Progression Policy**

Once a student enters the professional phase of the program, the following policies apply to progression through the program:

- Any interruptions or repetition of coursework will result in an extension of the total length of the program. To ensure timely completion of the program, course sequences must be followed. Students who drop or withdraw from a professional level course for any reason resign their status as a professional level student. Readmission will be by consent of the program chairperson and the admissions committee.
- Students may receive a limited number of C grades according to the graduate school policy. Students may be required to repeat a course in order to meet graduation requirements. Professional courses may be repeated only one time for a grade of B or higher.
- Students with a semester G.P.A. of less than 3.0 will be placed on probation\*. Students must achieve a 3.0 or better semester G.P.A. within three consecutive semesters. Students with a G.P.A. less than 3.0 after the third semester will be dismissed from the occupational therapy program.
- Students must repeat any fieldwork in which they receive an unsatisfactory (failing) performance evaluation. Continued unsatisfactory performance on a repeated fieldwork will result in the student being dismissed from the occupational therapy program.
- All students must successfully complete a cumulative end-of-year examination in Evaluation and Interventions II (OT 4141/346). Failure to pass the cumulative end-of- year exam on the second attempt, the student must develop and complete a structured remediation program with a faculty member before the third and final retake. Only three opportunities will be given for an end-of-year exam. This examination must be successfully completed in order to progress into the graduate program.

End-of-year exams and a comprehensive exit examination are required in the M.O.T. program.

- Any course with a grade of D must be repeated. Students needing to repeat a course will be placed on probation. Repeated failure of the same course will result in dismissal from the program. Failure of two or more professional courses in the same semester will result in dismissal from the program.
- Students who receive a final rating of unsatisfactory on the department's professional behavior checklist, violate the standard of student conduct or standards of ethical practice including plagiarism in the academic and/or clinical education programs and will be placed on probation. Repeated unsatisfactory ratings, ethical violations or ethical/legal misconduct that endangers or creates potential harm to students, client, academic and clinical faculty are grounds for dismissal from the program. Standards of ethical behavior are outlined in the AOTA Code of Ethics and the University Policy on Student Conduct.

\* Probation is defined as written notification of the student's current status in the professional occupational therapy program.

### **Grievance Policy:**

- Students are required to become familiar with the department and college grievance policies. These policies and the related procedures can be found in the university catalog, the occupational therapy student handbook and department webpage.

### **Graduation Requirements**

- In order to graduate in health sciences, all students must complete the University, state and department requirements as mandated. Students must successfully complete all coursework to be eligible to graduate with a B.S. in Health Sciences (pre-occupational therapy) and participate in the college and university convocation and commencement ceremonies. Graduating seniors who have maintained the required G.P.A. must apply to the School of Graduate and Professional Studies to continue in the M.O.T. program.

### **Student Assessment and Retention Program**

The department has several programs to improve the retention and graduation of students. A departmental assessment plan is an integral part of the retention program. This plan includes explicit statements and measures about student learning outcomes, end-of-year examinations and curriculum effectiveness. Other retention activities include mentoring, tutoring, counseling, and advising.

- The Student Occupational Therapy Association (SOTA) offers a peer mentorship program. Students at the professional level may be matched to community-based mentors who are occupational therapists.
- Student Success workshops are held for students in the program throughout the semester. These workshops address skills needed in a professional program and are considered a professional obligation.
- Peer tutors are available for professional level students. The faculty has identified office hours to assist students.
- All students receive one-on-one advising from faculty throughout the year. Referrals to other resources both within and outside the university are made when indicated.

### **Occupational Therapy (OT) Course Offerings**

#### **2010/ 201 INTRODUCTION TO OCCUPATIONAL THERAPY LECTURE/FIELD /4 (3)**

An overview of occupational therapy philosophy, principles and practice is presented. May include experiential learning activities as well as field observation of occupational therapy programs.

#### **4100/ 302 FOUNDATION PRINCIPLES IN OCCUPATIONAL THERAPY (3)**

*Prerequisite:* Admission to the professional program.

Examines the philosophical base and historical development of occupational therapy and the impact on current OT practice. Establishes a foundation for how theory, frames of reference and models guide occupational therapy practice.

#### **4110/ 305 CONTEXTS OF OCCUPATIONAL THERAPY SERVICE DELIVERY (2)**

*Prerequisite:* OT 4100/ 302

Examines the contextual influences of service delivery models and systems on the practice of occupational therapy. Explores the occupational needs of populations within the context of their physical, social and cultural environments.

**4140/ 345 EVALUATION & INTERVENTION I: OCCUPATIONAL PERFORMANCE ACROSS THE LIFE SPAN /10 (5)**

*Prerequisite:* Admission to the professional program and co-requisite OT 4160/ 363.

Introduction to client centered approaches to evaluation, intervention, discharge and advocacy directed towards restoring, maintaining and promoting occupational function in individuals and populations.

Emphasizes the range of human performance across the life span and the influences of contexts in well populations. Includes five hours Level I Fieldwork per week. Additional course fee.

**4141/ 346 EVALUATION & INTERVENTION II: DEVELOPMENTAL, BEHAVIORAL, AND COGNITIVE FRAMES OF REFERENCE /10 (5)**

*Prerequisite:* OT 4100/ 302, 4140/ 345, 4160/ 363, and *co-requisite* OT 4161/ 364.

Continuation of Evaluation I. Emphasizes the use of developmental, behavioral and cognitive frames of reference within OT process to restore, maintain and promote occupational function in individuals and populations. Includes five hours of Level I Fieldwork and capstone case study. per week. Additional course fee.

**4150/ 358 HUMAN OCCUPATION I (3)**

*Prerequisite:* Admission to the professional program.

The exploration of occupation and how it is impacted across the life span. Emphasis on task analysis and how occupation creates meaning and influences health within various contexts. Additional course fee.

**4151/ 359 HUMAN OCCUPATION II /LECTURE AND LABORATORY/ 4 (3)**

*Prerequisite:* OT 4150/ 358

Continuation of Human Occupation I. Group process, leadership and planning occupation-based interventions. Additional course fee.

**4160/ 363 HEALTH CONDITIONS I (3)**

*Prerequisite:* Admission to the professional program.

Analysis of a variety of health conditions that result from lifestyle choices and chronic illness and the impact on occupational performance. Includes terminology, etiology, symptomology, prognosis and appropriate interventions. Course involves case studies and problem-based learning.

**4161/ 364 HEALTH CONDITIONS II (3)**

*Prerequisite:* OT 4160/ 363/G

Continuation of Health Conditions I. Emphasis on health conditions related to genetics, development and behavioral health of individuals served in the community and the effect on occupational performance. Course involves case studies and problem based learning.



